

# Mashed Sweet Potatoes

## Ingredients

- 2 lbs of sweet potatoes
- ½ cup of heavy cream
- 3 tablespoons of light brown sugar
- 3 tablespoons of butter
- 2 tablespoons of maple syrup
- ½ teaspoon of thyme
- salt and pepper to taste

## Directions

1. Cover a baking sheet in foil (easy clean-up), lay potatoes on it and bake them for one hour at 350 degrees.
2. Let the potatoes cool until they are just cool enough to handle.
3. Scoop out all insides and mash together with other ingredients. Serve warm.